## Engaging with Children and Young People

Wales Audit Office

Children in Wales



www.childreninwales.org.uk

### Listening Exercise





## Article 12- the 'gateway' right

1. States Parties shall assure to the child who is capable of forming his or her own views the right to express those views freely in all matters affecting the child, the views of the child being given due weight in accordance with the age and maturity of the child.

2. For this purpose, the child shall in particular be provided the opportunity to be heard in any judicial and administrative proceedings affecting the child, either directly, or through a representative or an appropriate body, in a manner consistent with the procedural rules of national law.



### A Young Person's interpretation

"means that it is my right to be involved in making decisions, planning and reviewing any action that might affect me. Having a voice, having a choice" (Funky Dragon)



### The Treseader Model





### 7 Participation Standards for Wales

Information -

It's Your Choice -

No Discrimination -

Respect -

You get something out of it -

Feedback -

Working better for you -



## **Participation Protocol Form**



### **Barriers to Participation?**





### **Barriers and solutions**

They cant focus on the topic for long They're unrealistic and will ask for things enough that we can't deliver They don't understand what we're They lack the confidence to express asking them an opinion They only think in black and white Young children aren't old enough to form a proper opinion



# Benefits for children, young people and their families:

• They feel respected and listened to; and learn to listen respectfully to others, helping everyone to get on better;

- Can build their self-confidence and self esteem;
- They feel that they have an opportunity to play an active part in their community; and can make a difference to their own lives and others;
- They feel more motivated and achieve more;
- Less bullying;
- They can gain new skills such as problem-solving, decision-making, negotiation, listening, communication and feedback;
- They are likely to feel more involved in group and democratic processes, and will have a better understanding of the society in which they live;
- Improved services that meet their needs.



## **Benefits for Organisations:**

- Services and policies designed, delivered and evaluated based on identified needs of children, young people and their families;
- Improved behaviour and enhanced relationships;
- Better targeting of resources;
- More effective services and improved outcomes;
- Enhanced credibility and reputation;
- Better safeguarding;
- Better quality and more inclusive decision-making;
- Increased capacity and sustainability.



## Benefits to the Community:

- Enhanced relationships between children and young people and other community members;
- Healthier children and young people;
- Better designed facilities for children, young people and their families;
- Less vandalism;
- Less bullying;
- Reduced anti-social behaviour and crime-levels;
- Improves social networks and increases community cooperation.



### Jargon Busting





#### Helping Young People at meetings





## **Active Listening**

- 1. Physical Attention
- 2. Paraphrasing
- 3. Reflecting
- 4. Clarifying
- 5. Encouraging



## What needs to be in place?

Recruitment

Purpose

Parameters of the Forum

**Role Descriptions** 

Members

Training

**Equalities Work** 

Support



	Individual complaints or feedback	Surveys & consult- ations	One-off events or annual participation events	Participation projects - often using arts or media	Peer-led activities such as training, research & evaluation	Youth forum, youth grant- making etc.	Young people involved in governance
Youth initiated - shared decisions with adults							
Youth initiated and directed							
Adult initiated - shared decisions with youth			{ Degrees of participation				
Young people are consulted & kept informed							
Young people are assigned tasks & activities							
Tokenism							
Decoration		{ Levels of non involvement					
Manipulation							



### **Action Plan**





## **Top Tips for Participation**

- Remember they are children and keep them safe
- They are in your care
- They will form friendship groups and fall in and out of love
- Help them flourish into full human beings
- Be fair to everyone
- Let them be themselves
- Give them praise
- Build their confidence
- Follow the Standards
- Give them a voice

