

Strategaeth Dros Dro T4MH Gogledd Cymru

Coproduction of North Wales Together 4 Mental Health Interim Strategy

Vicky Jones

Pennaeth Strategaeth a Datblygiad Integredig, BIPBC
Head of Integrated Strategy & Development, BCUHB



Ein taith hyd yn hyn... Our journey so far...

Gweithdy / Workshop 1:

Pwy yw ein pobl? / Who are our people?

Gweithdy / Workshop 2:

Beth yw ein heriau? / What are our challenges?

Gweithdy / Workshop 3:

Beth yw ein nodau? / What are our goals?

Gweithdy/ Workshop 4:

Gwirio I mewn/ Check in



OUR VISION:

We want the people of North Wales to have the best possible mental health and wellbeing as defined by them. This means people get the support they need when and where they need it

OUR VALUES

Compassion &
Kindness

Collaboration, sharing
and co-production

Challenge and
transparency

Agility and innovation

Doing our very best

OUR PRINCIPLES

Partners will work together as a whole system in order to identify and address shared challenges and opportunities

We will understand and address the determinants of inequalities in mental health and wellbeing

We will agree and promote a common, strength based language amongst partners and providers in relation to mental health and wellbeing

Service user and carer involvement and lived experience will be used to co-produce the ongoing delivery and review of the strategy

Equity of access that is inclusive and takes account of diversity, including Welsh language considerations, will be built into service delivery

A 'no wrong door' philosophy is implemented across services in the region for all age groups in the population

Trauma informed approaches are adopted to recognise that people are shaped by their life experiences

Services are delivered in a person-centred and strength-based way that reduces the sense of stigma

OUR PRIORITIES

Right support at the right time
of asking

Prioritising early intervention
and prevention

Optimising the mental health
and wellbeing of our
workforces

Give every child the best start
in life by recognising the
importance of good mental
health and wellbeing

Cyflawni'r Strategaeth/Delivering the Strategy

The strategy will only start to deliver its vision and priorities once it is being implemented and being translated into practical operational activity.

There will be a range of **critical success factors** that will facilitate the successful delivery of this strategy.

